

COACH KELVIN'S TEAM



Sonja Renee Matchen, MBA, Executive Administrator

Sonja is the Executive Administrative Assistant at TRANSFORMED. She provides the day-to-day scheduling and operations management at TBK for Coach Kelvin. She has a remarkable story at age 53 losing 107 pounds in eight-months.



Maryam Jernigan-Noesi, PhD, Behavioral Health Consultant

Dr. Maryam is our Behavioral Health Consultant. She has over 14 years of experience working in the field of mental health as a clinical researcher and provider. Dr. Maryam's specialization lies in identifying and addressing cultural considerations that influence eating and weight issues and lead to health disparities. Given her focus on lifestyle change, she is also a client at Transformed!

PHOTOHERE

Ramona Chung and Rashia Schand, Coaching Assistants

They are Coach Kelvin's certified coaching assistants who help run the Hardcore and Abs&Glutes class. With first class athleticism and following the same philosophy of TRANSFORMED, these two dynamos inspire clients to reach their fitness and weight loss goals.



Dr. Mei-ling Caldera, Nutritionist

Dr. Mei-ling Caldera is our Nutritionist consultant and with decades of global experience and expertise in this industry. She is highly regarded for her knowledge about nutrition. She teaches at the University of Connecticut and through her research work, her ability to diagnose and treat issues when it comes to health has made her one of the most sought after doctors around.



Lloyd and Ramona Chung, New Generations Ministries

Lloyd and Ramona Chung serve in ministry together at New Generation Ministries under the leadership of Pastor Troy and Alesia Moore. They are married with three beautiful teen-aged sons. Their dedication is to serving the body of Christ by spreading the Word of God, teaching the importance of developing a personal relationship with Jesus Christ, as well as honoring the physical body as the temple of God by incorporating physical fitness and a healthy diet as an integral part of their message.



Brenda Ortiz, Massage Therapist

Brenda is our resident certified licensed massage therapist and she is also a two time pro bodybuilder. She is also a family member at TBK. Her passion is empower women by inspiring them to raise their self-esteem and awareness through fitness. She is well respected in the industry of both fitness and massage therapy and a welcomed addition. She is a body-building professional.



Yvonne R. Davis MS. MA. PC.

Public Affairs, Marketing and International Relations

Yvonne is the Public Affairs, Marketing and International Relations expert at TBK. She also shares her testimony of health and healing miracle losing over 130lbs in 9-months to compete in her first fit bikini competition in 2014. She is the International Relations Expert for FOXCT & the Howard Stern's LeibermanLive show on XMSirius radio.



Lindsey Ann Huntington, Yoga Instructor

TRANSFORMED'S in-house Yoga Instructor Lindsey understands the importance of flexibility in fitness to feel great. With years of training experience, Lindsey provides TBK members with Yoga Exercises and stretches designed to strengthen and tone a body uniformly with lubrication of the joints, ligaments and tendons; detoxifying the body